



Abersoch Dinghy Week 2023

Sailing Instructions (SIs)

23rd – 28th July 2023

South Caernarvonshire Yacht Club (SCYC), Abersoch, North Wales

www.scyc.co.uk

The notation '[NP]' in a rule of the sailing instructions (SIs) means that a boat may not protest another boat for breaking that rule. This changes RRS 60.1(a).

The notation '[DP]' in a rule in the SIs means that the penalty for a breach of that rule may, at the discretion of the Protest Committee, be less than a disqualification.

1. RULES

- 1.1. The regatta will be governed by the rules as defined in *The Racing Rules of Sailing (RRS)*.

2. CHANGES TO SAILING INSTRUCTIONS

- 2.1. Assignment of course areas per class, expected time for display of flag D, and **(subject to paragraphs 2.2 and 2.3)** any changes to the Sailing Instructions (SIs), will be posted before 09:00 on the day they will take effect.
- 2.2. **Subject to paragraph 2.3** any change to the Schedule of Races (Attachment D) will be posted by 19:00 on the day before it will take effect.
- 2.3. The courses proposed are as per Attachment D, but the race officer on the day may change the course at his discretion. Any such changes will be posted on the Tally Board before tallies are released to competitors.

3. COMMUNICATIONS WITH COMPETITORS

- 3.1. Notices to Competitors will be posted on the Official Notice Board located on the middle deck of the SCYC Clubhouse primarily and will be posted on the official Abersoch Dinghy Week WhatsApp group.
- 3.2. A competitors briefing will take place on Saturday 22nd July at 6pm in the Bar.
- 3.3. Regatta fleet briefing will be at 10:30 on Sunday, outside the Bar.
- 3.4. The Race Office is located on the middle deck of the SCYC Clubhouse.
- 3.5. [NP][DP] A boat shall neither make radio transmissions while racing nor receive radio communications not available to all boats. This restriction includes mobile telephones.

4. CODE OF CONDUCT

- 4.1. [NP][DP] Competitors and support persons shall comply with reasonable requests from Race Officials.
- 4.2. [NP][DP] Competitors and support persons shall comply with reasonable requests from Gwynedd Beach Patrol.

5. SIGNALS MADE ASHORE OR AFLOAT

- 5.1. Signals made ashore will be displayed from the flag pole located in front of the Bridge.
- 5.2. When flag AP is displayed without a numeral ashore, it means that the display of flag D on shore is postponed. Flag D will be displayed shortly after flag AP is removed. This changes Race Signal AP.
- 5.3. [NP] Flag D displayed over a Flight flag with a sound means: 'The warning signal will be made not less than 30 minutes after flag D is displayed'. Boats shall not launch until this signal is made.

- 5.4. Any change to the Sailing Instructions (SI's) will be posted one hour before it will take effect, except that any change to the Schedule of Races will be posted by 19:00 on the day before it will take effect. Any changes to the SIs will be numbered sequentially and indicated by flying flag 'L' together with the appropriate class flag from SCYC's flag mast. If the amendment to the SIs applies to all classes then flag 'L' will be signalled on its own.
- 5.5 For day 1, race 1 for each flight there may be a lead boat displaying Flag F over flight colour which may lead you round your course for the entire race.

6. SCHEDULE OF RACES

- 6.1. Schedule of races as per Attachment D.
- 6.2. On the last scheduled day of racing for each class, no warning signal will be made after 15:30.
- 6.3. Attachment D details the format of racing.

7. CLASS FLAGS

- 7.1. Class Flags will be a solid colour as detailed in Attachment D

Classes with changeable rigs only (ILCA's, RS AERO's, Toppers etc...)

- 7.2. Sails In a series of races a sail shall not be changed for another unless written permission for an individual change is obtained from the race committee. Written permission shall only be given in the event of a sail damaged beyond repair or damaged to the extent that it cannot be repaired before the start of the next race in a series. In the event of a change the damaged sail shall not be used again in that series even if it is subsequently repaired. For the purpose of this rule, a series is deemed to be two or more individual races which count towards an overall points total.
- 7.3 In a series of races an ILCA 7 (Full), ILCA 6 (Radial), ILCA 4 (4.7) rigs shall not be changed for any other rig. This also goes for other classes with interchangeable rigs as mentioned above. A series is 2 or more races that count towards an overall points total.

8. RACING AREAS

- 8.1. Attachment A shows the intended location and names of the racing areas.

9. COURSES

- 9.1. The diagrams in Attachment B show the courses, including the course signals, the approximate angles between legs, the order in which marks are to be passed, and the side on which each mark is to be left.
- 9.2. Course signals will be displayed on a board on the start line committee vessel.
- 9.3. No later than the warning signal, the start line committee vessel may display the approximate compass bearing of the first leg.
- 9.4. If one of two gate marks is missing and has not been replaced as described in RRS 34, then the remaining mark shall be rounded to port.
- 9.5. If the course CC board is displayed from the Club bridge the course will be available from the tally point and flag Z will be displayed above the D Flag and flight flags to signify a different course or race area, and/or finish line.
- 9.6. If a boat is displaying Flag G and a flight colour flag. This boat is supporting competitors by identifying the course for that flight. They will be in front of the start line and will lead the flight around for partial or for one full lap depending on their other primary commitments as a safety vessel.

10. MARKS

- 10.1. Marks 1,1a, 2, 3, 3S, 3P, 4S, 4P, 5 and 6 will be inflatable buoys, colour as detailed in Attachment C.
- 10.2. New marks, as provided in SI 13, will be inflatable buoys, colour as detailed in Attachment C.
- 10.3. Starting marks will be a race committee vessel displaying an orange flag at the starboard end and a vessel or buoy displaying an orange flag at the port end.
- 10.4. Finishing marks will be a race committee vessel and a vessel or buoy displaying a blue flag.

11. OBSTRUCTIONS

- 11.1. Jetty in front of the Club, do not pass between the pole and the shore.
- 11.2. Quarter of a mile NE of the SCYC Clubhouse is a Beacon marking the seaward end of a disused water pipe. Boats must keep to seaward of this Beacon.

12. THE START

- 12.1. Races will be started using RRS 26 with the warning signal made 5 minutes before the starting signal.
- 12.2. The starting line will be between staffs displaying orange flags on the starting marks.
- 12.3. [DP] [NP] Boats whose warning signal has not been made shall avoid the starting area during the starting sequence for other races.
- 12.4. For the second flight their warning signal will be made with the start signal of the first flight, unless a postponement, general recall or abandonment has been signaled and then the first flight will be re-attempted. If after a second re-attempt at a start it is the Race Officers decision if they proceed with the first flight or start the second flight instead.
- 12.5. A boat starting later than 4 minutes after her starting signal will be scored Did Not Start without a hearing.

13. CHANGES OF THE NEXT LEG OF THE COURSE

- 13.1. To change the next leg of the course, the Race Committee may lay a new mark (or move the finishing line) and remove the original mark as soon as practicable. When in a subsequent change a new mark is replaced, it will be replaced by an original mark. Mark colours are defined in Attachment C.
- 13.2. Minor mark moves (up to approximately 10 degrees and/or 15% in length) may be made by moving the existing mark, and without signaling the change. This changes RRS 33.
- 13.3. RRS 32.1 is changed such that the Race Committee may also shorten the course, to allow other scheduled races to be started.

14. THE FINISH

- 14.1. The finishing line will be between staffs displaying blue flags on the finishing marks.
- 14.2. [DP] [NP] After finishing and clearing the finishing line, boats shall keep clear of the finishing area and of all boats not yet finished.
- 14.3. The Race Committee may give a score to any boat that is still racing by displaying flag W to her from an official vessel (which may be in motion) with two sounds. A boat's score in these circumstances will be the place she would have received had she sailed the course and finished within any time limit, without gaining or losing any place. She is no longer required to complete the course.

15. PENALTY SYSTEM

- 15.1. Appendix P will apply.
- 15.2. Appendix P2.3 is deleted. P2.2 is changed to apply to the second and each subsequent penalty of a boat.

16. TIME LIMITS & TARGET TIMES

- 16.1. Time limits and target times are as follows:

FLEETS	TARGET TIME	MARK 1 TIME LIMIT	RACE TIME LIMIT	FINISHING WINDOW
SOLO	45	25	75	15
ILCA	45	25	75	15
INTERMEDIATE	45	25	75	20
HANDICAPPED	45	25	75	15
PHANTOM	45	25	75	15
SYMMETRICS	45	25	75	30
ASYMMETRICS	45	25	75	15

- 16.2. If no boat has passed Mark 1 within the Mk 1 Time Limit or if no boat has finished within the Race Time limit the race will be abandoned.
- 16.3. Boats failing to finish within the applicable Finish Window, after the first boat in their flight sails the course and finishes will be scored Did Not Finish without a hearing, unless SI 14.3 applies. This changes RRS A4 and A5.
- 16.4. Failure to meet the target time will not be grounds for redress. This changes RRS 62.1(a).

17. HEARING REQUESTS

- 17.1. For each class or fleet, the protest time limit is 45 minutes after the last boat in that class or fleet finishes

the last race of the day or the race committee signals no more racing today, whichever is later.

17.2. Hearing request forms are available from the race office on the middle deck of the SCYC Clubhouse.

17.3. Notices will be posted within 30 minutes of the protest time limit to inform competitors of hearings in which they are parties or named as witnesses. Hearings will be held in the Commodores Bar, located on the middle deck of the Clubhouse.

17.4. Post Race Penalty

(a) A boat that may have broken a rule of Part 2 of the RRS or RRS 31, may, after finishing the race concerned and before the start of a related protest hearing, notify the race committee that she accepts a Post Race Penalty – a 30% scoring penalty calculated as stated in RRS 44.3(c), except that the minimum penalty is three places and she shall not be scored worse than the number of boats that came to the starting area. However, if the boat caused injury or serious damage, or, despite taking a penalty, gained a significant advantage in the race or series by her breach her penalty shall be to retire.

(b) When a post-race penalty is accepted:

(i) Neither the boat nor a protest committee may then revoke or remove the penalty.

(ii) The boat shall not be penalised further in a protest hearing when the protest committee decides that it was appropriate to the facts found and the applicable rules.

17.5. RYA Arbitration

(a) When a protest is lodged, a boat may at the same time request RYA Arbitration, or a member of the protest committee may offer it.

(b) If the parties and a member of the protest committee agree that RYA Arbitration is suitable, an Arbitrator (who may be that member of the protest committee) will call an Arbitration Hearing. When it is the Arbitrator's opinion that a boat that is a party to the Arbitration Hearing has broken a rule for which the Post Race Penalty is available, the party will be invited to accept that penalty and, if accepted, the protesting boat will be allowed to withdraw the protest, changing RRS 63.1.

(c) When there is not an agreement to use RYA Arbitration or when, after RYA Arbitration, a protest is not withdrawn or the Post Race Penalty is not applicable to the facts, there will be a normal protest hearing at which the Arbitrator may be a member of the protest committee. RRS 66 and 70 (reopening and appeal) do not apply to an arbitration since this is not a protest committee decision or procedure. A boat may still accept a Post Race Penalty at any time before the start of a protest hearing and receive its protection from further penalisation. She may also retire.

17.6. The right of appeal from a protest committee decision is denied as provided in rule 70.5 (a).

18. SCORING

18.1. The Low Points scoring system RRS Appendix A4 will apply, modified as follows:

In each race scoring will be as follows:

First place	1 point
Second place	2 points
Third place	3 points
Fourth place	4 points

A boat that Did Not Finish (DNF) or Retired (RTD) shall be awarded points equal to the number of competitors in the series plus 1.

A boat that is Disqualified (DSQ) shall be awarded points equal to the number of competitors in the series plus 4.

A boat that Did Not Come to the Starting Area (DNC) shall be awarded points equal to the number of competitors in the series plus 3.

18.2. In each class, 5 races are required to be completed to constitute a series.

18.3. In each class, a boat's series score will be the sum of her race scores excluding her worst scores as follows:

Races completed	Scores excluded
1 – 5	0
6 – 10	1
11+	2

19. SAFETY REGULATIONS [DP] [NP] [SP]

19.1. The Organising Authority will not be providing safety cover before Sunday 23rd July.

19.2. Check-out and check-in. The requirements of this instruction are specified for the safety of competitors.

- (a) The tally control point to check-out and check-in competitors will be located at Beach Huts Z2 at bottom row of Beach Huts.
- (b) Tallies comprise of numbered rubber wristbands. Numbers will be allocated at registration, and posted on the official notice board. Tallies shall be worn visibly, over clothing, on the right wrist by both helm and crew at all times while afloat.
- (c) Both helm and crew shall individually check-out before racing by personally collecting their tally.
- (d) Both helm and crew shall individually check-in immediately on returning to shore after racing, but no later than 30 minutes after the last boat finishing in their fleet, by returning the tally personally to tally control.
- (e) The penalty for failure to comply with this instruction will be £10 donation to the RNLI for infringements without a hearing. A list of boats that have infringed will be posted on the official notice board within 30 minutes after the protest time limit. This changes rule A5.

19.4. A boat that retires from a race shall notify the race committee as soon as possible.

20. REPLACEMENT OF CREW OR EQUIPMENT [DP] [NP]

20.1. [DP] Substitution of competitors is not allowed without prior written approval of the Race Committee.

20.2. [DP] Substitution of damaged or lost equipment is not allowed unless authorised in writing by the Race Committee. Requests for substitution shall be made to the Committee at the first reasonable opportunity, which may be after the race.

21. EQUIPMENT & MEASUREMENT CHECKS

21.1. A boat or equipment may be inspected at any time for compliance with the class rules, notice of race and sailing instructions.

21.2 All boats using a trapeze harness must adhere to their class rules in having a quick release, and if the class rules allow for the crew/ helm to carry a knife.

23. OFFICIAL VESSELS

23.1. Official vessels may be marked as follows:

Vessel	Flag
Start Committee Vessel	Orange Flag
Finish Committee Vessel	Blue Flag

24. TRASH DISPOSAL [DP] [NP]

24.1. As sailors, we seek to protect and restore our oceans and coastal waters. Trash may be placed aboard safety and race committee vessels.

25. BERTHING [DP] [NP]

25.1. Boats ashore shall be kept on the main Abersoch Beach.

26. PRIZES

26.1. Prize giving will take place in the Members Bar on Friday 28th July 2023 at 17:00.

26.2. Prizes will be awarded on the total number of starters per class

2 starters – 1st

3 to 5 starters – 1st & 2nd

Over 6 starters – 1st, 2nd & 3rd

Ladies Dinghy Champion – top all female boat for the Event.

27. RISK STATEMENT

27.1. Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the Event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the Event;

- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this Event referred to in the Sailing Instructions and to attend any safety briefing held at the venue;
- h) They will not participate in the Event if under the undue influence of alcohol, drugs or if otherwise unfit to participate;
- i) [For off shore races] They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;
- j) They will inform the Organiser if there have been any changes to the information provided on the Entry Form at the time of the Event.

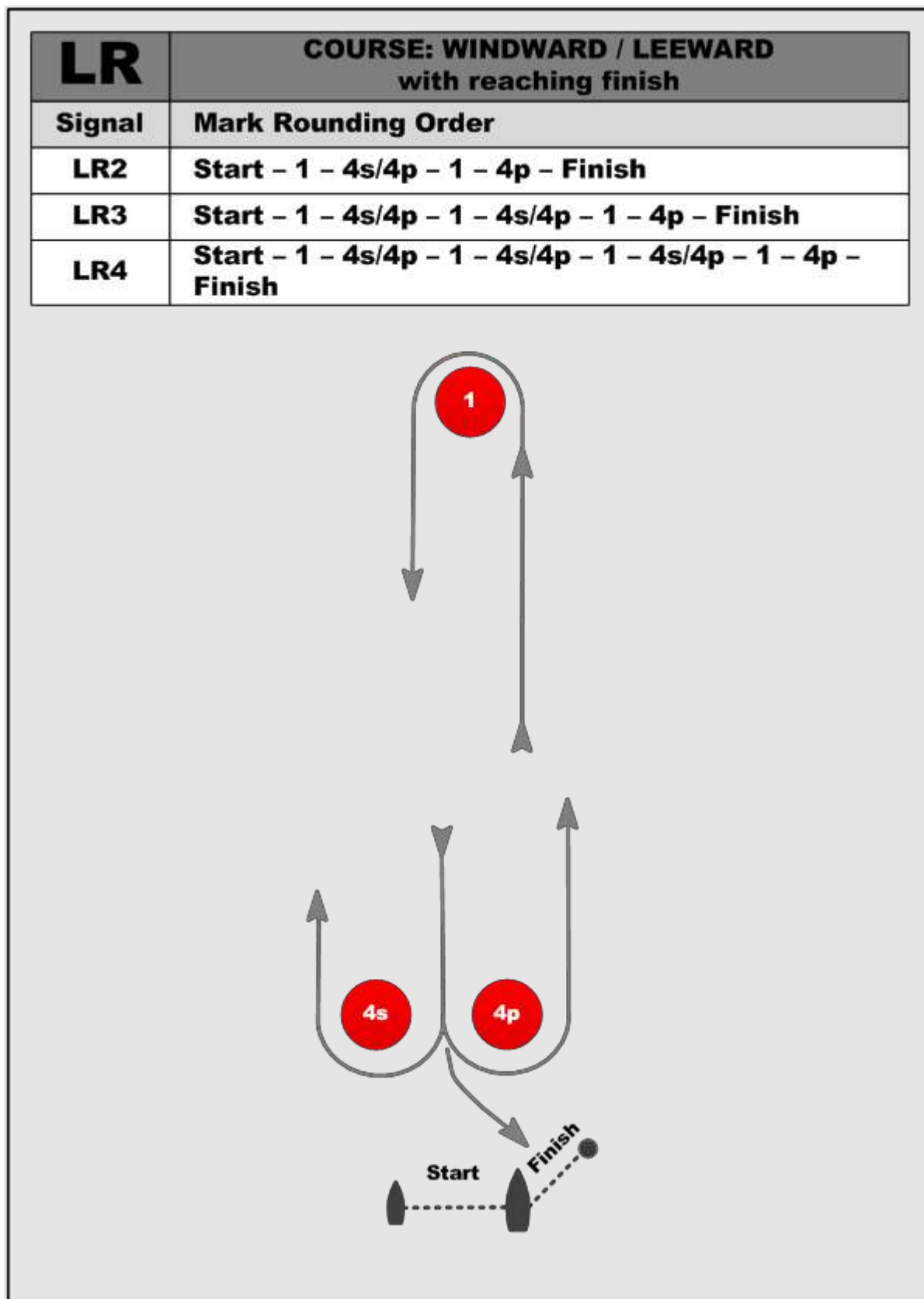
28. INSURANCE [DP] [NP]

28.1. Each participating boat shall be insured with valid third-party liability insurance with a minimum cover of £2,000,000 for the duration of the event.

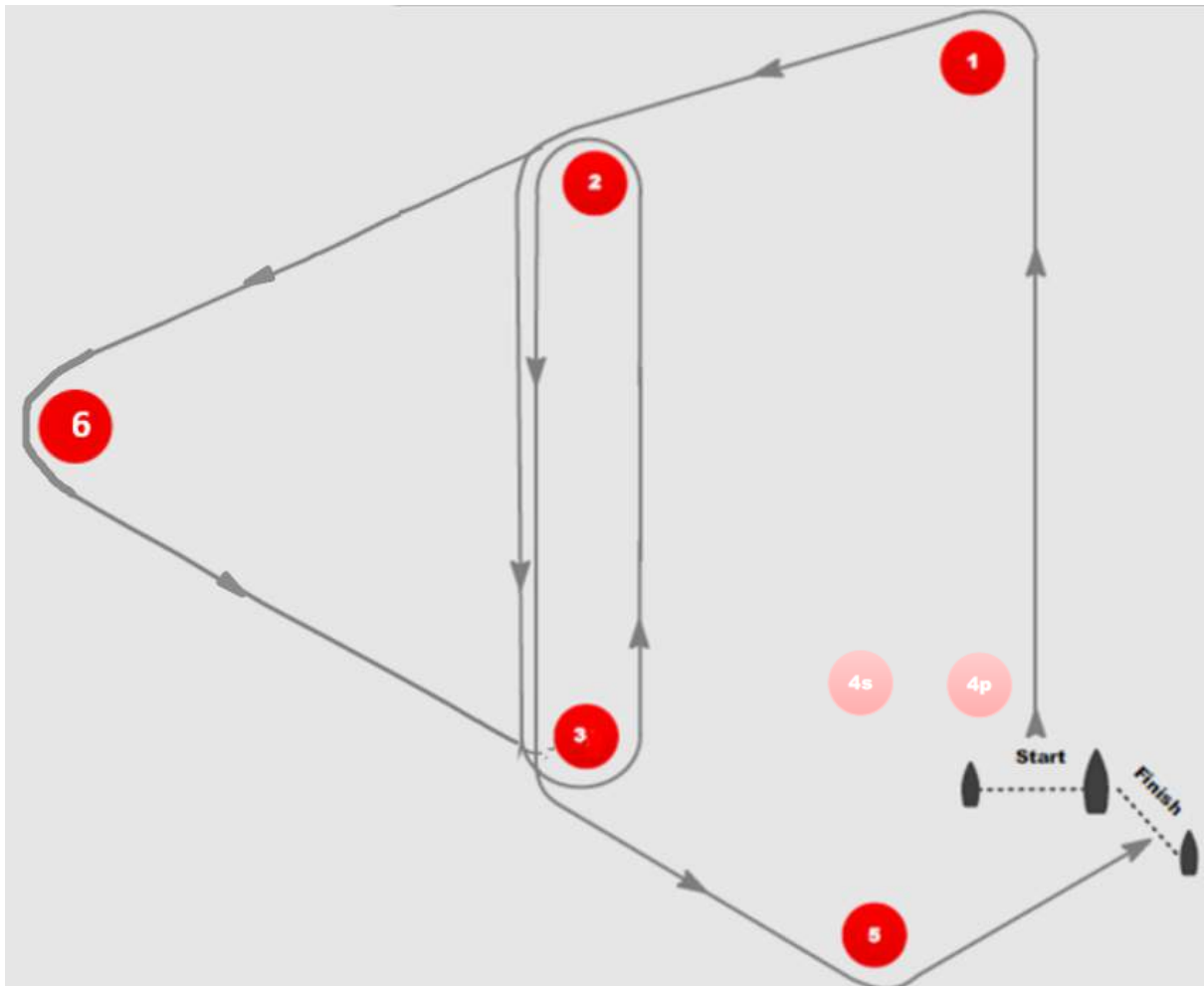
Attachment A - Racing Areas



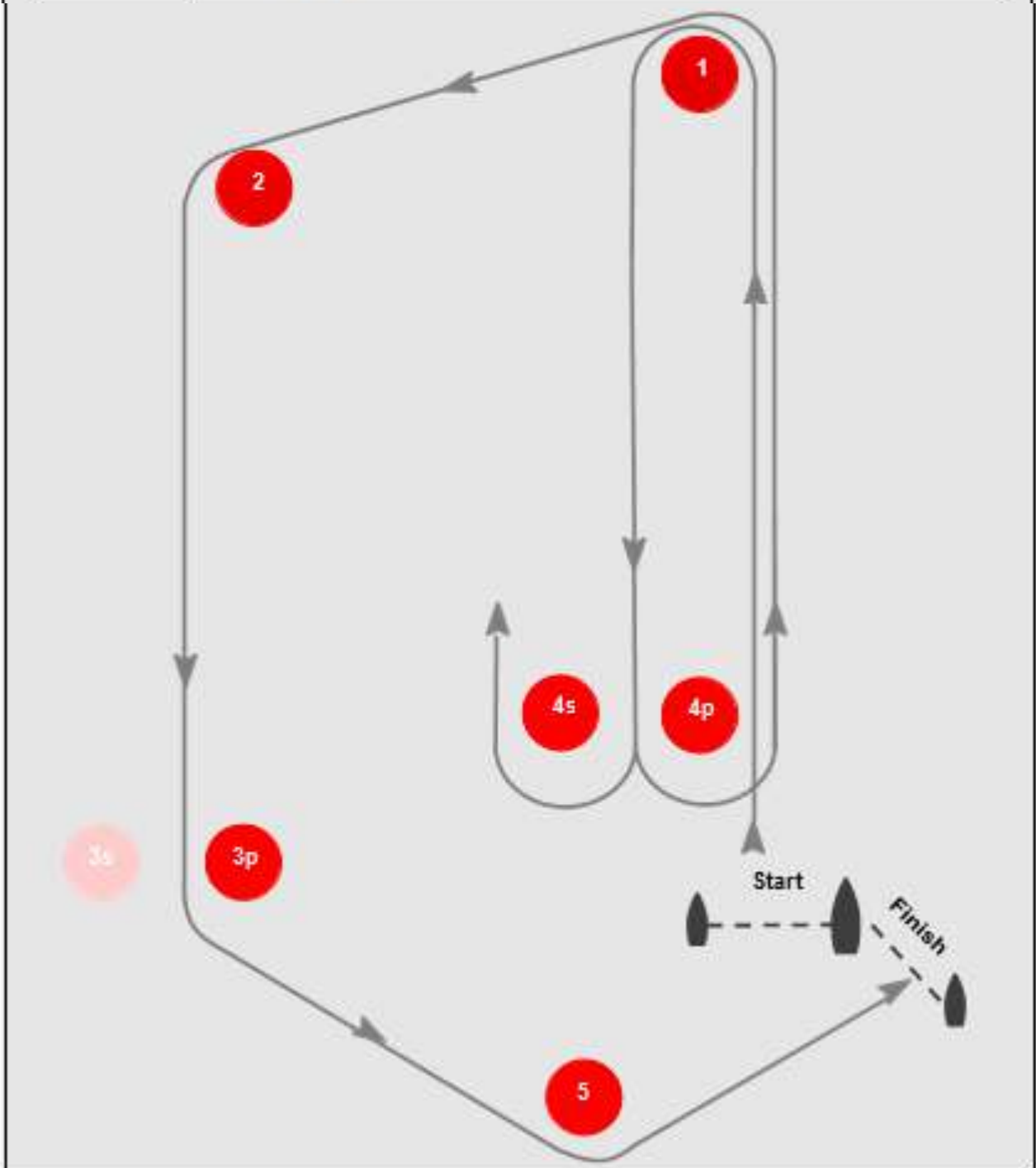
Attachment B – Course Diagrams



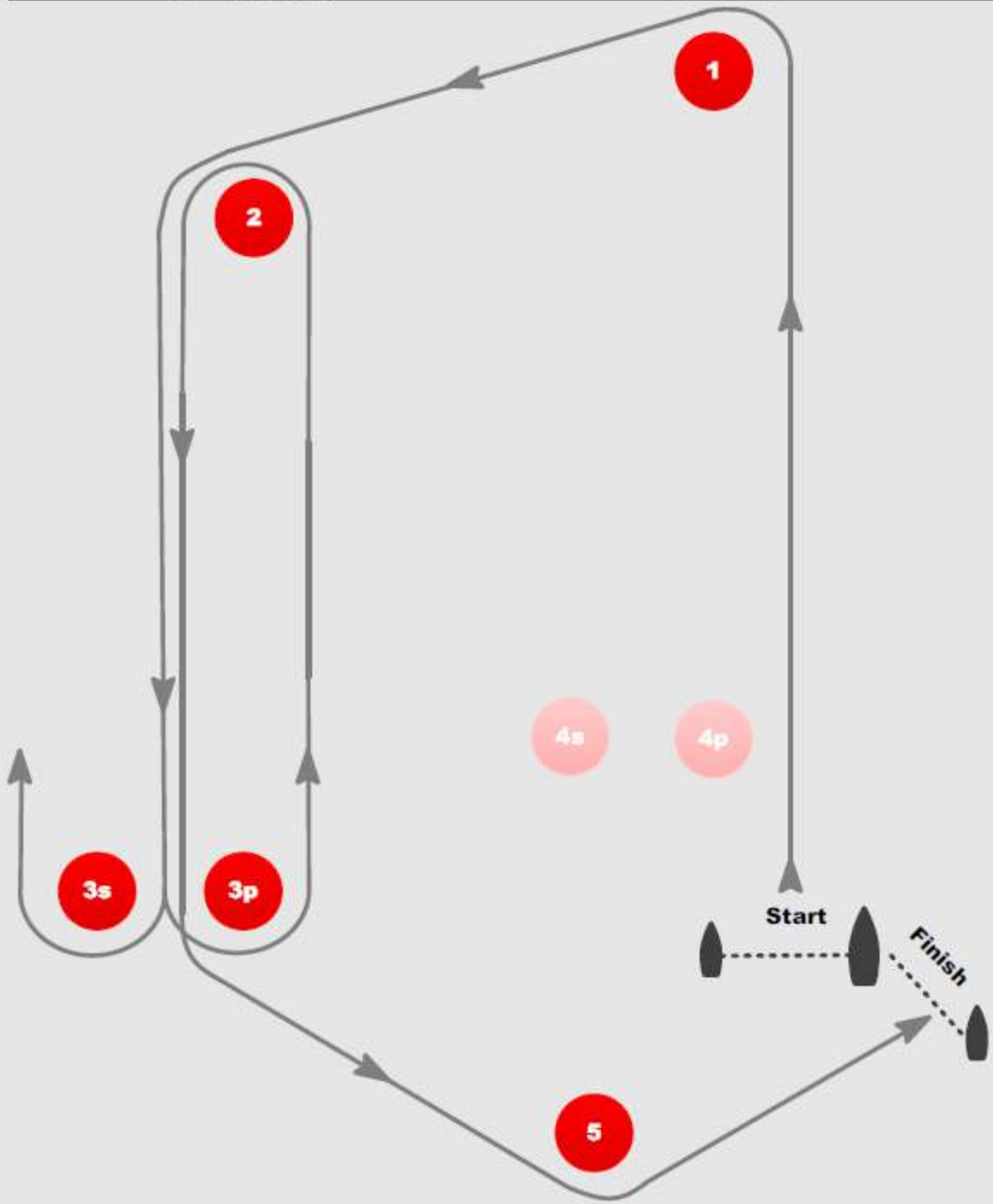
OS	Course – Outer loop and then triangle with reaching finish
Signal	Mark Rounding Order
OS2	Start – 1 – 2 – 3 – 2 – 6 – 3 – 5 – Finish
OS3	Start – 1 – 2 – 3 – 2 – 6 – 3 – 2 – 3 – 5 – Finish



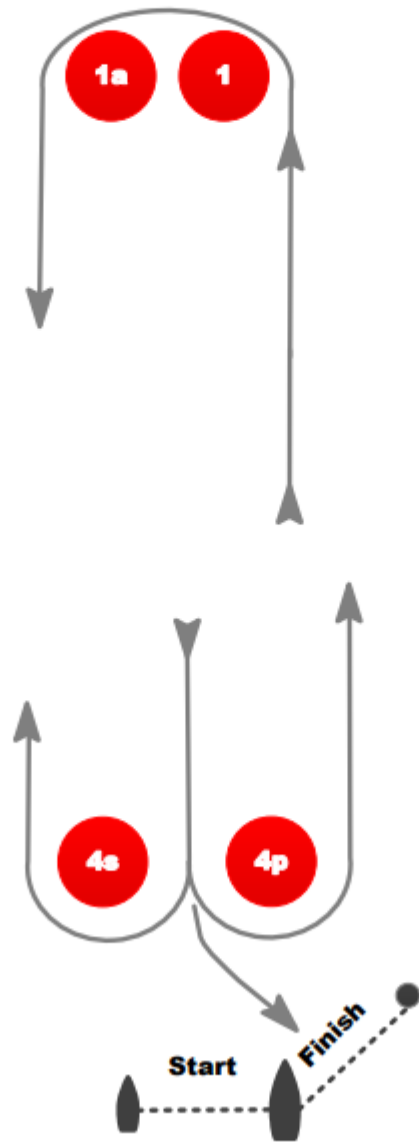
IX	COURSE: INNER with reaching finish
Signal	Mark Rounding Order
IX2	Start – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish
IX3	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish
IX4	Start – 1 – 4s/4p – 1 – 4s/4p – 1 – 4s/4p – 1 – 2 – 3p – 5 – Finish



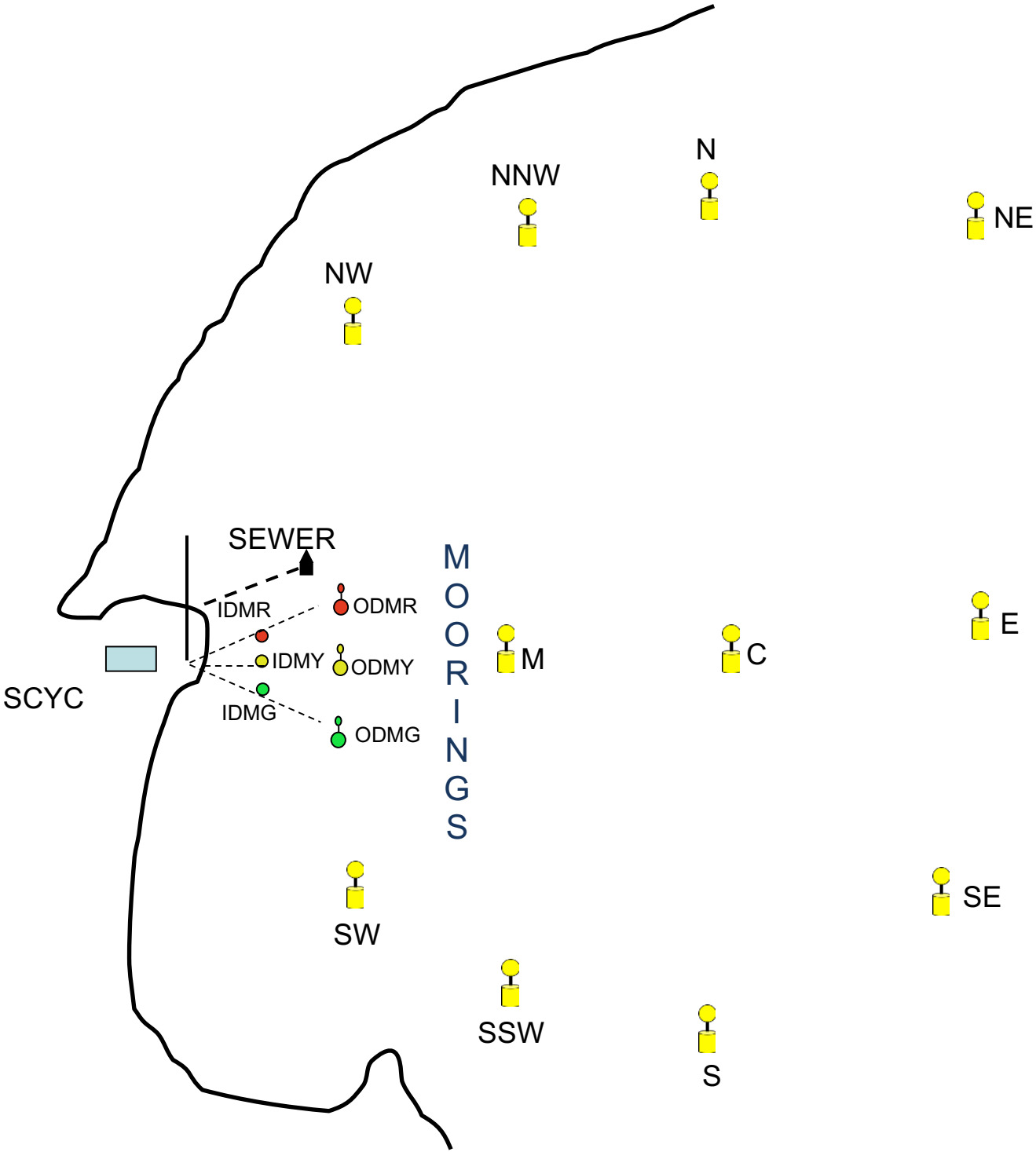
OX	COURSE: OUTER with reaching finish
Signal	Mark Rounding Order
OX2	Start - 1 - 2 - 3s/3p - 2 - 3p - 5 - Finish
OX3	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - 5 - Finish
OX4	Start - 1 - 2 - 3s/3p - 2 - 3s/3p - 2 - 3s/3p - 2 - 3p - 5 - Finish





LRA	COURSE: WINDWARD / LEEWARD with spreader mark and reaching finish
Signal	Mark Rounding Order
LRA2	Start - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
LRA3	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4p - Finish
LRA4	Start - 1 - 1a - 4s/4p - 1 - 1a - 4s/4p - 1 - 1a - 4s/ 4p - 1 - 1a - 4p - Finish



SCYC Marks










-  Club Mark – yellow cylinder with circular top
-  Inner/Outer Distance Marks - red, yellow or green spherical buoys

- Do not sail over the Sewer Pipe, just to North of the Club with a tower and pole on its end!
- Keep clear of other fleets as they start
- DO NOT forget to tally off!
- Map is NOT to scale!!

Attachment C – Marks

<u>Marks</u>	<u>Colour</u>
1	Orange Dumpy
1a	Yellow Dumpy (Plastimo)
2	Orange Dumpy
3	Blue Dumpy
3S	Blue Dumpy
3P	Blue Dumpy
4S	Blue Dumpy
4P	Blue Dumpy
5	Orange Tetrahedron (Pyramid)
6	Black Tetrahedron (Pyramid)
Regatta Fleet	
1	Orange Pencil
2	Orange Pencil
3	Orange Pencil

Attachment D – Schedule of Races

Flight & *Course	Fleet	Flag	Timings					
			First warning signal and scheduled number of races					
			Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
1 OS	Solos Green		1st Flight 10:25 2 races	1st Flight 10:25 2 races	1st Flight 10:25 2 races	1st Flight 10:25 2 races	1st Flight 10:25 2 races	1st Flight 10:25 2 races
1 IX	ILCAs Pink		To follow after Solos 2 races	To follow after Solos 2 races	To follow after Solos 2 races	To follow after Solos 2 races	To follow after Solos 2 races	To follow after Solos 2 races
2 OS	Intermediate Yellow		2 nd Flight 11:55 2 races	2 nd Flight 11:55 2 races	2 nd Flight 11:55 2 races	2 nd Flight 11:55 2 races	2 nd Flight 11:55 2 races	2 nd Flight 11:55 2 races
2 OS	Handicapped Turquoise		To follow after Intermediates 2 races	To follow after Intermediates 2 races	To follow after Intermediates 2 races	To follow after Intermediates 2 races	To follow after Intermediates 2 races	To follow after Intermediates 2 races
2 IX	Phantoms Purple		To follow after Handicapped 2 races	To follow after Handicapped 2 races	To follow after Handicapped 2 races	To follow after Handicapped 2 races	To follow after Handicapped 2 races	To follow after Handicapped 2 races
3 OS	Symmetrical Gold		3 rd Flight 13:25 2 races	3 rd Flight 13:25 2 races	3 rd Flight 13:25 2 races	3 rd Flight 13:25 2 races	3 rd Flight 13:25 2 races	3 rd Flight 13:25 2 races
3 IX	Asymmetric Red		To follow after Symmetrical	To follow after Symmetrical	To follow after Symmetrical	To follow after Symmetrical	To follow after Symmetrical	To follow after Symmetrical

*These are the courses we are proposing, however the race officer on the day may change the course for another course. This will be posted on the Tally board before Tallies are released to competitors.

In the case of a CC course this will also be posted on the Tally board.