



## Abersoch Mirror Week

Monday 12<sup>th</sup> August – Friday 16<sup>th</sup> August 2024

### NOTICE OF RACE SOUTH CAERNARVONSHIRE YACHT CLUB

Racing for:  
Mirror Dinghy

The races will be governed by the Racing Rules of Sailing, the prescriptions of the National Authority and the Sailing Instructions.

Registration will be in the Clubhouse from 15:00 – 18:00 on Sunday 11<sup>th</sup> August 2024.

Commodore's welcome and briefing to introduce race and beach teams on Sunday 11<sup>th</sup> August at 19:00 in the Clubhouse.

Tally release and briefing on beach will be at 10:30 each day.

The start of the first race will be on Monday 12<sup>th</sup> August at 11:00,

5 days of racing two races per day

#### **Entry Price**

- Non-SCYC Member           £70.00
- SCYC Member               £50.00

## SAILING AND SOCIAL PROGRAMME

Day	Mirror Week	Social Programme
SUNDAY 11 <sup>th</sup> August	Registration @ 15:00 to 18:00	19:00 Commodore's Welcome in the Bar and briefing to introduce beach and race teams
MONDAY 12 <sup>th</sup> August	Tally release & briefing @ 10:30 on Beach Race 1 @ 11:00 Race 2 @ 12:00	Mirror Drive and Supper In the Cove @18:00
TUESDAY 13 <sup>th</sup> August	Tally release & briefing @ 10:30 on Beach Race 3 @ 11:00 Race 4 @ 12:00	<b>tbc</b>
WEDNESDAY 14 <sup>th</sup> August	Tally release & briefing @ 10:30 on Beach Race 5 @ 11:00 Race 6 @ 12:00	<b>tbc</b>
THURSDAY 15 <sup>th</sup> August	Tally release & briefing @ 10:30 on Beach Race 7 @ 11:00 Race 8 @ 12:00  14:30 Crews Race in front of the Club	Last Night Party with DJ Lionel
FRIDAY 16 <sup>th</sup> August	Tally release & briefing @ 10:30 on Beach Race 7 @ 11:00 Race 8 @ 12:00  Prize Giving 16:00 Bar	Prize giving in Bar 16:00 hrs

**Conditions of Entry:** In signing the Entry Form Helms will agree to the following:

- 1) I have insurance to cover third party for at least £2,000,000 for the duration of the event.
- 2) I should carry a tow rope.
- 3) I will follow all UK and Welsh Government regulations relating to the control of Covid-19 which remain in force at the time of the event.
- 4) I will abide by all SCYC protocols in place at the time of the event which relate to the control of Covid-19.
- 5) Beach Patrol - If the helm, crew or any person associated with a competing boat fails in any way to comply with an instruction or request made of them by the Council Beach Patrol or the SCYC Beach Master and his assistants, that boat may, at the discretion of the Race Committee, without a hearing, be DISQUALIFIED from the first race or the Event or any future events at SCYC.
- 6) Risk Statement

Rule 3 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the Event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the Event;
- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) It is their responsibility to familiarise themselves with any risks specific to this venue or this Event referred to in the Sailing Instructions and to attend any safety briefing held at the venue;
- h) They will not participate in the Event if under the undue influence of alcohol, drugs or if otherwise unfit to participate;
- i) [For offshore races] They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather; that there is a crew sufficient in number, experience and fitness to withstand such weather; and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew;
- j) They will inform the Organiser if there have been any changes to the information provided on the Entry Form at the time of the Event.

7) Health & Safety

I have read, understood and will abide by SCYC's Health & Safety Policies and Procedures as summarised in Appendix 1 to the Notice of Race. SCYC's Health and Safety Policy is available for inspection via the Office.

**TO ENTER ONLINE CLICK ON THE LINK BELOW**

<https://scyc.co.uk/event/mirror-week/>

**Correspondence & Entry Forms to:**

Abersoch Mirror Week,  
SCYC, The Headland, Abersoch, Gwynedd. LL53 7DP  
Tel: 01758 712338 (SCYC)

Enquiries to [info@scyc.co.uk](mailto:info@scyc.co.uk)

The Abersoch Mirror Week Team

## Appendix 1

### SCYC (the “Club”) Health and Safety Policies and Procedures (Summary)

#### Policy Summary for Members and Visitors

##### 1. General Policy

SCYC places a high priority on the safety of its operations, both onshore and afloat, and has set out a detailed Health and Safety Policy to promote this objective. Club Employees, members and guests all have a role to play in ensuring that the Club maintains the highest standards for health and safety for all.

##### 2. Visitors and Guests

It is the responsibility of Club Members to ensure that their guests / visitors comply with and are conversant with the Health and Safety Policy of the Club.

##### 3. The Club House

###### *a) Fire Precautions*

Those using the Club House should familiarise themselves with the emergency exits and must not interfere with or misuse any firefighting equipment. Fire Check Doors must not be propped open.

###### *b) On Discovering a Fire*

Sound the alarm using the nearest call point and evacuate the building. Take care to help any who may be anxious, infirmed or disabled.

###### *c) General Safety*

The spectacular location of the Club House and jetty has inherent risks. All members and visitors should take care on steep and/or slippery steps and on balconies overlooking steep rock faces and cliffs.

Swimming, diving and fishing from the jetty is not permitted.

Observe all warning signs, and do not enter any store or machinery rooms. Please keep to the public areas only.

Children under the age of 16 should be supervised by a responsible adult at all times.

###### *d) Events*

All events held in the Club House will be supervised by an SCYC Employee “Responsible Person”. The Event Organisers are also required to nominate a Lead Organiser. Those attending events are asked to follow any instructions and guidance given by those in charge.

###### *e) Helping everyone to stay safe*

Members and visitors are encouraged to notify the Club Secretary, Bosun, Steward or any Council Member if they notice any unsafe, damaged or defective parts of the Club.

###### *f) Smoking.*

Members and guests must observe the “No Smoking” signs where they are posted.

##### 4. Club Power Craft and Rescue Crew

Only those duly authorised by the Club may use the Club’s power craft. No one may act as Rescue Crew unless approved and authorised by the Club. The Club’s Health and Safety Policy also provides that kill cords and buoyancy aids will be used at all times when operating club Craft.

##### 5. Privately Owned Sailing Boats and RIBs

Owners/Helms are responsible for the seaworthiness and the comprehensive insurance of their boat(s) at all times. They are also responsible for ensuring that they are competent to helm / drive in any prevailing weather and sea conditions.

##### 6. Club Patrol Boats / Rescue Fleet – Racing

For any race, or other sailing event organised by the Club, the Club will provide a sufficient number of patrol boat / rescue boats manned by competent crew.

(NOTE: Members should be aware that the role of the Rescue Fleet is to provide cover for Club organised races and other Club supported events afloat. It may not therefore, be possible or practicable to provide assistance at other times and in other areas.)

##### 7. Appropriate Clothing

Members, guests and visitors should wear appropriate footwear and clothing at all times on Club premises. Lifejackets, appropriate footwear and clothing (minimum T-shirt and shorts) should be worn at all times when on the water.

##### 8. Accidents and Near Misses

It is the Club’s Policy to investigate all accidents and near misses (defined as an incident that had the potential to cause serious injury or damage), with a view to continuously improving our health and safety performance.

Members, guests and visitors are requested to report to the Office Manager any accident or near miss (either on shore or afloat) so that the appropriate investigation may be conducted, and procedures be amended accordingly.

##### 9. Suggestions and Proposals

Suggestions and proposals for the enhancement of Health and Safety will be welcomed by the Club. Any such suggestion should be made either to a member of the Council or to the Secretary.

##### 10. Health and Safety Policy

A complete version of the Club’s Health and Safety Policy is available for inspection via the Office Manager.