



**Abersoch Mirror Week 2018**  
**Monday 13<sup>th</sup> August – Friday 17<sup>th</sup> August**  
**NOTICE OF RACE**  
**SOUTH CAERNARVONSHIRE YACHT CLUB**

Racing for:  
Mirror Dinghy

The races will be governed by the Racing Rules of Sailing, the prescriptions of the National Authority and the Sailing Instructions.

Registration will be in the Clubhouse from 15:00 – 18:00 hrs on Sunday 12<sup>th</sup> August 2018  
A Briefing will be in the Clubhouse on Sunday 13<sup>th</sup> August at 19:00 hrs  
A daily briefing on the beach at 10:30 hrs

There will be a 10 race series

**Social Programme**

**Commodores welcome, Beach BBQ, Mirror Drive.**

The start of the first race will be on Monday 13<sup>th</sup> August at 11:00 hrs.

	Before 1 <sup>st</sup> June
Non SCYC Member	£70.00
SCYC Member	£50.00

All fees inclusive of Council Slipway Charges

**No late entries after 10:00 hrs Monday 13<sup>th</sup> August 2018**

Conditions of Entry. In signing the Entry Form helms will agree to the following:

1. I have insurance to cover third party for at least £2,000,000
2. I should carry a tow rope.
3. Risk Statement

Rule 4 of the Racing Rules of Sailing states: 'The responsibility for a boat's decision to participate in a race or to continue racing is hers alone.'

Sailing is by its nature an unpredictable sport and therefore involves an element of risk. By taking part in the event, each competitor agrees and acknowledges that:

- a) They are aware of the inherent element of risk involved in the sport and accept responsibility for the exposure of themselves, their crew and their boat to such inherent risk whilst taking part in the event;
- b) They are responsible for the safety of themselves, their crew, their boat and their property whether afloat or ashore;
- c) They accept responsibility for any injury, damage or loss to the extent caused by their own actions or omissions;
- d) Their boat is in good order, equipped to sail in the event and they are fit to participate;
- e) The provision of a race management team, patrol boats, umpires and other officials and volunteers by the organizer does not relieve them of their own responsibilities;
- f) The provision of patrol boat cover is limited to such assistance, particularly in extreme weather conditions, as can be practically provided in the circumstances;
- g) [For off shore races] They are responsible for ensuring that their boat is equipped and seaworthy so as to be able to face extremes of weather, that there is a crew sufficient in number, experience and fitness to withstand such weather and that the safety equipment is properly maintained, stowed and in date and is familiar to the crew.

**4. Health and Safety**

I have read, understood and will abide by SCYC's Health & Safety Policies and Procedures as summarised in Appendix 1 to the Notice of Race. (Full details are available on the SCYC website [www.scyc.co.uk](http://www.scyc.co.uk))

**TO ENTER ON LINE CLICK ON THE LINK BELOW**

<https://webcollect.org.uk/scyc/event/mirror-week-2018-13th-17th-august>

**Correspondence & entry forms**

**to:** The Secretary. SCYC  
The Headland, Abersoch, Gwynedd. LL53 7DP  
Tel: 01758 712338

Enquiries to [info@scyc.co.uk](mailto:info@scyc.co.uk)  
The Abersoch Mirror Week Team

# Appendix 1

## SCYC Health and Safety Policies and Procedures - Summary

### Policy Summary for Members and Visitors

#### 1. General Policy

The Club places a high priority on the safety of its operations, both onshore and afloat, and has set out a detailed Health and Safety Policy to promote this objective. Club Employees, Members and Guests all have a role to play in ensuring that the Club maintains the highest standards for Health and Safety for all.

#### 2. Visitors and Guests

It is the responsibility of Club Members to ensure that their guests / visitors comply with and are conversant with the Health and Safety policy of the Club.

#### 3. The Club House

##### a) Fire Precautions

Those using the Club House should familiarise themselves with the emergency exits, and must not interfere with or misuse any fire fighting equipment. Fire Check Doors must not be propped open.

##### b) On Discovering a Fire

Sound the alarm using the nearest call point and evacuate the building. Take care to help any who may be anxious, infirmed or disabled.

##### c) General Safety

The spectacular location of the Club House and jetty has inherent risks. All members and visitors should take care on steep and/or slippery steps and on balconies overlooking steep rock faces and cliffs.

Swimming, diving and fishing from the jetty is not permitted.

Observe all warning signs, and do not enter any store or machinery rooms. Please keep to the public areas only.

Children under the age of 16 should be supervised by a responsible adult at all times.

##### d) Events

All events held in the Club House will be supervised by an SCYC Employee "Responsible Person". The Event Organisers are also required to nominate a Lead Organiser. Those attending events are asked to follow any instructions and guidance given by those in charge.

##### e) Club House Safety – General

Members and visitors are encouraged to notify the Secretariat if they notice any unsafe, damaged or defective parts of the Club.

##### f) Smoking.

Members and guests must observe the "No Smoking" signs where they are posted.

#### 4. Club Power Craft and Rescue Crew

Only those duly authorised by the Club may use the Club's power craft. No one may act as Rescue Crew unless approved and authorised by the Club. The Club's Policy also provides that kill cords and buoyancy aids will be used at all times when operating club Craft.

#### 5. Privately Owned Sailing Boats and RIBs

Owners/Helms are responsible for the seaworthiness and the comprehensive insurance of their boat(s) at all times. They are also responsible for ensuring that they are competent to helm / drive in any prevailing weather and sea conditions.

#### 7. Club Safety Boats / Rescue Fleet – Racing

For any race, or other sailing event organised by the Club, the Club will provide a sufficient number of safety / rescue boats manned by competent crew.

(NOTE: Members should be aware that the role of the Rescue Fleet is to provide cover for Club organised races and other Club supported events afloat. It may not therefore, be possible or practicable to provide assistance at other times and in other areas.)

#### 8. Appropriate Clothing

Members, guests and visitors should wear appropriate footwear and clothing at all times on Club premises. Lifejackets, appropriate footwear and clothing should be worn at all times when on the water.

#### 9. Accidents and Near Misses

It is the Club's Policy to investigate all accidents and near misses (defined as an incident that had the potential to cause serious injury or damage), with a view to continuously improving our health and safety performance.

Members, guests and visitors are requested to report to the Secretariat any accident or near miss (either on shore or afloat) so that the appropriate investigation may be conducted, and procedures be amended accordingly.

#### 10. Suggestions and Proposals

Suggestions and proposals for the enhancement of Health and Safety will be welcomed by the Club. Any such suggestion should be made either to a member of the Council or to the Secretary.

#### 11. Health and Safety Policy

A complete version of the Club's Health and Safety Policy is available for inspection via the Secretary.